



@ Springburn

**Aged between 12 and 19?  
Getting the right information about your health?**

**At the YHS WORKSHOPS you can find out about the issues young people have told us really matter.**

- |               |   |
|---------------|---|
| <b>02 Jul</b> | <b>Smokebusters</b><br>Play smoke busters to learn about the effects of smoking                           |
| <b>09 Jul</b> | <b>Games Night</b><br>Play Giant Jenga along with many other games.                                       |
| <b>16 Jul</b> | <b>People who live in glass houses should have pretty windows</b><br>Glass painting with fab Helen!       |
| <b>30 Jul</b> | <b>Wots Ur Bag?</b><br>Helen<br>Come along and design / decorate your own t-shirt to wear over the summer |
| <b>06 Aug</b> | <b>Makin Some Bling</b><br>Helen<br>Make keyrings / jewery with Helen                                     |
| <b>13 Aug</b> | <b>Is there a doctor in the House!</b><br>Play bingo and other games                                      |

**The workshops run from 4-6pm on Wednesdays  
in Springburn Health Centre  
For more information call 0141 531 8718 or yhservice @ **